

# Kathy's Run

for Pancreatic Cancer



North Glenmore Park  
 Oct. 26, 2014  
 10 a.m. start

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# Kathy's Run for Pancreatic Cancer

There are no other running events in Western Canada raising funds for pancreatic cancer research. This race honors Kathy McCollum who was diagnosed with pancreatic cancer in early 2011 and lost her battle the same year. Kathy's passion for running is what inspired her friends, family, and colleagues to fight this devastating disease by raising money to support life-saving research.

## Event

### 5K Purple Hat Parade (Run/Walk)

Join the race with your most creative purple hat and be eligible to win some great prizes! Come as an individual or as a team!

### 10K Run for Research

### 21.1K Spank the Panc

Oct. 26, 2014 • North Glenmore Park • Calgary, AB

### Race Start Time

10:00 a.m. – 21K Spank the Panc

10:10 a.m. – 10K Run for Research

10:20 a.m. – 5K Purple Hat Parade

\* All participants should be at the start line 5 minutes before the start of your event.

\*\*The Spank the Panc Half Marathon and 10K Run for Research will be chip-timed events. The 5K Purple Hat Parade will only be chip-timed for participants selecting the "run" option at registration.



## Registration & Race Fees\*

Register online at [runningroom.com](http://runningroom.com) or take your registration into any Running Room location. Entries received before Sept. 30 will be eligible to win great early bird prizes. All race finishers will receive medals and every registered participant will receive a free race shirt.

	Until Aug. 31	Until Oct. 4	Until Oct. 24
5K Purple Hat Parade Team (max. 4)	\$100	\$120	\$140
5K Purple Hat Parade	\$25	\$30	\$35
14 yrs and under	\$15	\$15	\$15
10K Run for Reseach	\$30	\$35	\$40
21.1K Spank the Panc	\$65	\$70	\$75

\*plus processing fee

**Deadline for online registration is Oct. 22 at midnight.**

## Prizes

**GREAT** prizes will be awarded to the top individual fundraisers.

**Prizes will also be awarded to:** Top Male & Female finishing in the 21K, 10K and 5K races and most creative purple hats!

**Prizes include** – One night stay at the Paintbox Lodge in Canmore, entry to the 2015 Edmonton Marathon, entry to the 2015 Calgary Marathon and a flight in a glider plane!

## Pledging

This is the only running event in western Canada raising funds for pancreatic cancer. Help us raise money for life-saving research. Download the pledge form available at [runningroom.com](http://runningroom.com). Friends and family wishing to support you, can sponsor you as an athlete and pledge online at the Running Room website.

### Please make cheque payable to:

Pancreatic Cancer Canada – Calgary Charitable #84870 1967 RR0001

## Package Pick-up

Pre-race package pick-up is encouraged! **Avoid the hassle on race day and pick up your package at:**

### Glenmore Running Room (A126-1600 90 Ave SW)

Friday, Oct. 24: 4 p.m. – 8 p.m.

Saturday, Oct. 25: Noon – 5 p.m.

**Race day package pick-up at North Glenmore Park: 9:00 a.m. – 9:45 a.m.**

## Contact Information

Jessica Laird, Race Director • [kathysrunnyc@gmail.com](mailto:kathysrunnyc@gmail.com)

### Kathy's Run for Pancreatic Cancer

Event (please check one): 5K team 5K individual 10K 21K  
Run Walk Run Walk

Name: (First, Last) \_\_\_\_\_

Sex: M F Age: \_\_\_\_\_ Birth date (yy/mm/dd): \_\_\_\_\_

Address: \_\_\_\_\_ City: \_\_\_\_\_ PC \_\_\_\_\_

Phone: \_\_\_\_\_ Email: \_\_\_\_\_

**Fees:** 21.1K 10K 5K 5K (under 14) Team Amount Payable (\*plus processing fee)

By Aug. 31 \$65 \$30 \$25 \$15 \$100 \_\_\_\_\_

By Oct. 4 \$70 \$35 \$30 \$15 \$120 \_\_\_\_\_

By Oct. 24 \$75 \$40 \$35 \$15 \$140 \_\_\_\_\_

**Technical T-shirt? (\$30 charge applies)**

Shirt Size: S M L XL Yes  No

Runner Donation (optional): \$ \_\_\_\_\_

**Bring your completed form into any Running Room location for cheque or cash payment.**

### Waiver of Liability and Indemnity Agreement

In consideration of your accepting this entry, I hereby for myself, my heirs, executors and administrators waive and release any and all rights or claims for damages I may have against the organizers and their agents, representatives, successors and assigns, and the race sponsors, for any and all injuries I may sustain during the course of the event.

Date: \_\_\_\_\_ Signature of Participant: \_\_\_\_\_